

RACE RESOURCE LIST

WHY TALK ABOUT RACE?

Grant-Thomas, Andrew. [Your 5-Year-Old Is Already Racially Biased and Here's What You Can Do about It.](#)

Nine things parents can do to prevent and/or interrupt racial bias in children.

[Kids on Race: The Hidden Picture](#)

CNN's Anderson Cooper explores how children see race relationships.

[Why All Parents Should Talk to Their Kids about Social Identity](#)

NPR reports on new studies that support talking to children about race and gender.

Bronson, Po and Ashley Merryman. [Even Babies Discriminate.](#)

Why most white parents don't want to talk to their children about race and why they should.

Michael, Ali and Eleonora Bartoli. [What White Children Need to Know about Race.](#)

Outlines how schools can create curriculum to strengthen anti-racist identities in white students.

[Nice White Parents.](#) Apple Podcasts.

Adiche, Chimamanda Ngozi. [The Danger of a Single Story.](#) TED Talk.

Adiche's classic TED Talk.

[Speak Up](#)

Discusses how people can speak up to interrupt oppression in various situations and scenarios.

Lee, Rosetta. [What's Missing from the Conversation: The Growth Mindset in Cultural Competency](#)

Lee compares a fixed to a growth mindset as they pertain to how open we are to growth in cultural competency.

CONVERSATIONS ABOUT RACE WITH CHILDREN AND STUDENTS

[iChange Collaborative Book List for Young Children](#)

Picture and story books featuring characters and/or themes about race, gender and other identities.

[iChange Collaborative Book List for Older Children and Middle Schoolers](#)

Books featuring characters and themes related to race, gender, class, abilities and other social identities.

[iChange Collaborative Book List for High School Students](#)

Fiction and nonfiction books about race for teenage students.

[We Need Diverse Books](#)

Source for recommendations for books that represent all identity groups.

[We Read Too](#)

Recommendations for books written by authors of color featuring characters of color.

Council for Interracial Books for Children. [10 Quick Ways to Analyze Children's Books](#).

Outlines how to evaluate the appropriateness of books in terms of identity for children.

UNDERSTANDING WHITE RACIAL IDENTITY

Olsson, Joan. [Detour Spotting for White Anti-Racists](#)

Things white people say about race, racism and privilege to derail conversations.

Oluo, Ijeoma. [White People: I Don't Want You to Understand Me Better, I Want You to Understand Yourselves](#)

Oluo emphasizes the importance of white interrogating racism in their consciousness.

Oluo, Ijeoma. [Welcome to the Anti-Racism Movement - Here's What You've Missed](#)

Oluo encourages white people to get busy.

Campbell, Davis. [The Categorical Error at the Heart of White Nationalism](#).

Davis believes white people need to better understand their own origins.

Jones, Kenneth and Tema Okun. [Characteristics of White Supremacy Culture](#)

This article lists characteristics of Eurocentric culture many people tacitly ascribe to.

Campt, David. [Things that Anti-Racism Allies Need to Stop Doing](#).

Campt's presents a dialogic method that can expand and change racism skeptics' thinking.

Campt, David. [White Progressive Panic is a Privilege America Can't Afford](#).

Strategic thinking is necessary for white people to be effective anti-racists.

Author unknown. [The Emotional Lives of White People](#)

Describes a spectrum of feelings white people experience in relation to their racial identity.

Saad, Layla. [Me and White Supremacy](#)

Workbook for white people interested in uprooting internalized racism and privilege.

Scene on Radio. [Seeing White](#)

Oman's highest recommendation. 14-part series on the impact of white racial identity.

[Project Implicit](#)

These online tests measure a variety of biases.

COUNTERACTING RACISM

DeGruy, Joy. [One Easy Thing All White People Could Do to Make the World a Better Place](#).
This 4-minute clip from Cracking the Codes went viral.

McIntosh, Peggy. [White Privilege: Unpacking the Invisible Knapsack](#).
The classic article on white privilege originally published in Independent School Magazine.

Jones, Camara. [The Gardener's Tale](#).
Jones discusses levels of racism and uses the analogy of gardening to explain white privilege and how it applies to health disparities in the United States.

Handler, Chelsea. Hello, Privilege, It's Me, Chelsea.
Netflix documentary examines privilege and how white people need to be talking about race.

Kendi, Ibram X. [How to Be an Antiracist](#).
Kendi describes a structural approach to uprooting racism in society and in ourselves.

iChange Collaborative. [White Folks Dismantling Racism Group](#).
White anti-racists building competency to support the racial equity movement.

Menakem, Resmaa. [My Grandmother's Hands: Racialized Trauma and the Pathways to Mending Our Hearts and Bodies](#).
A call to heal from the collective trauma of white supremacy. Not only are African traumatized by generational anguish, but white people also suffer secondary trauma.

Acho, Emmanuel. [Uncomfortable Conversations with a Black Man](#).
Acho engages in conversations rarely had with white guests in his videos.

[Code Switch](#). National Public Radio Podcast.
Black journalists tackle issues of race.

Haga, Kazu. Healing Resistance: A Radically Different Response to Harm.
A testimony to the teachings of nonviolent resistance.

UNDERSTANDING HISTORY

Coates, Ta-Nehisi (May 21, 2014). [The Case for Reparations](#). *Atlantic Monthly*.
Outlines a compelling argument with strong historical evidence.

Alexander, Michele. [The New Jim Crow: Mass Incarceration in the Age of Colorblindness](#).
Groundbreaking analysis of racism and the prison industrial complex.

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Kendi, Ibram X. [Stamped from the Beginning: The Definitive History of Racist Ideas in America.](#)
Details the construction of white supremacy in the U. S.

Painter, Nell Irvin. [The History of White People.](#)
Covers the history of how race, particularly white, became a socially constructed category.

Thandeka. [Learning to Be White: Money, Race and God in America.](#)
Compelling exploration of white experience in terms of child abuse and self-contempt.

Rothstein, Richard. [The Color of Law](#)
Outlines the history of segregation in America.

Blackmon, Douglas. [Slavery by Another Name: The Re-Enslavement of Black Americans from the Civil War to World War II.](#)
Pulitzer Prize winning account of the re-institution of slavery through forced labor operated through government systems.

[Slavery by Another Name.](#)

PBS documentary film based on Blackmon's book. Available on YouTube.

Ava Duvernay. [13th](#)

Documentary film that examines how racial inequity drives the high rate of incarceration in the United States. Available on Netflix and YouTube.